9th Annual

THANKSGIVING Break Training Camp

Camp Date: Friday, November 27th

Cost: $55 per camp (pay online, cash or check to HAWC)

Schedule & Location For Camps:
8:00 – 11:00am -– HAWC Facility, 5548 NW 2nd St., Unit 105, Des Moines, IA
1:30 – 4:30pm -– SCC Athletic Complex at SCC Middle School, 1000 Tonawanda St, Rockwell City, IA 50579

Grades: K-12th (open to boys and girls of all abilities)

Register: Online (at www.highaltitudewrestling.com) or mail bottom half in with payment

Outline: Technique, drilling, LIVE (situations & wrestling)

**Please note: Your spot in the camp is not guaranteed until I receive your camp form and full payment! NO REFUNDS...only camp credit!*

Please Note:
Des Moines: We have a waiting room for parents who want to stick around or there are plenty of restaurants & businesses close by!
Rockwell City: Parents can stay and watch but are not allowed to get involved in the camp with sideline coaching!

THANKSGIVING BREAK Training Camp (November 27th) – circle which camp attending

8:00-11:00am – Des Moines Location 1:30-4:30pm – Rockwell City Location

Name: _____ Address: _____

City: _____ Zip: _____ Phone: _____

Email Address: _____ Grade: _____ Weight: _____

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the wrestling training camp. I further waive any legal action against High Altitude Wrestling Club, Chad Tunink. High Altitude Wrestling Staff, High Altitude Wrestling Facility, SCC Community School District and its employees for injuries my child may incur.

Parent's Signature: _____ Date: _____

MAIL BOTTOM HALF TO:
High Altitude Wrestling Club
601 SE 13th Street
Grimes, IA 50111

CONTACT INFO: Chad Tunink 641-757-1287 (c) chad@highaltitudewrestling.com

Facebook: highaltitudewrestling **Twitter:** HAWrestling **Instagram:** high_altitude_wrestling

For More Information On My Club, Camps and/or Merchandise: www.highaltitudewrestling.com