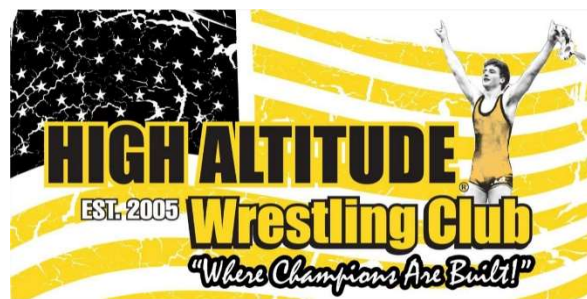


6th Annual Summer Series Wrestling Clinics



Summer Series Clinic Dates:

August 12th: Takedown Training Clinic
August 13th: Escapes & Reversals Clinic
August 14th: Tilts & Turns Clinic

Location: 5548 NW 2nd St, Unit 105, Des Moines, IA 50313

Cost: \$55 per 1-day clinic

Register: Online through website or mail form!

Schedule For Clinics: 9am-Noon

HAWC Merchandise will be available for purchase!

Grades: K-12th (boys and girls welcome)

Outline: Technique, drilling, LIVE (situations & wrestling)

Parents: We have a waiting room with TV, complimentary water, popcorn and WIFI for those who wish to stay! If you do not wish to stay there are plenty of businesses close by! No one is allowed in the wrestling room during camps!

CANCELLATION/REFUND POLICY:

All refunds for camps will be issued in the form of a camp credit towards future HAWC camps. This camp credit is good for 1 year only!
There are NO refunds or camp credit for wrestlers leaving camp early!

Please Circle Camp(s) and Time(s) Attending:

August 12th

August 13th

August 14th

Name: _____ Address: _____

City: _____ Zip: _____ Phone: _____

Email Address: _____ Grade: _____ Weight: _____

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the wrestling camp. I further waive any legal action against High Altitude Wrestling Club, Chad Tunink, High Altitude Wrestling Staff, High Altitude Wrestling Facility, and its employees for injuries my child may incur.

Parent's Signature: _____ Date: _____

MAIL BOTTOM HALF TO: High Altitude Wrestling Club, 601 SE 13th Street, Grimes, IA 50111

CONTACT INFO: Chad Tunink 641-757-1287 (c) chad@highaltitudewrestling.com

Facebook: [highaltitudewrestling](https://www.facebook.com/highaltitudewrestling) **Twitter:** [HAWrestling](https://twitter.com/HAWrestling) **Instagram:** [high_altitude_wrestling](https://www.instagram.com/high_altitude_wrestling) **Nutrition:** www.4foreverfit.com

For More Information On My Club, Camps and/or Merchandise: www.highaltitudewrestling.com