

# High Altitude "Pre-Season" Wrestling Clinics



**Pre-Season Clinics:** Sept 25<sup>th</sup>, Oct 16<sup>th</sup>, & Oct 23<sup>rd</sup>

**Location:** 5548 NW 2<sup>nd</sup> St, Unit 105, Des Moines, IA 50313

**Cost:** \$45 per wrestler per clinic  
(Checks payable to: High Altitude Wrestling Club)

**Grades:** K – 12<sup>th</sup> grade (limited to 50 kids)

**Register:** Register online or mail in form!

**Camp Schedule:** 9am – Noon

**Merchandise:** HAWC gear will be available for purchase!

**Please Note:** We have a waiting room for parents who want to stick around or there are plenty of shops/businesses close by!

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**Please Circle Camp(s) and Time(s) Attending:**

September 25<sup>th</sup>

October 16<sup>th</sup>

October 23<sup>rd</sup>

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Grade: \_\_\_\_\_ Weight: \_\_\_\_\_

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the wrestling camp. I further waive any legal action against High Altitude Wrestling Club, Chad Tunink, High Altitude Wrestling Staff, High Altitude Wrestling Facility, and its employees for injuries my child may incur.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**MAIL BOTTOM HALF TO:**

High Altitude Wrestling Club, 601 SE 13<sup>th</sup> Street, Grimes, IA 50111

**QUESTIONS:** Chad Tunink 641-757-1287 (c) [chad@highaltitudewrestling.com](mailto:chad@highaltitudewrestling.com)

**Facebook:** [highaltitudewrestling](https://www.facebook.com/highaltitudewrestling) **Twitter:** [HAWrestling](https://twitter.com/HAWrestling) **Instagram:** [high\\_altitude\\_wrestling](https://www.instagram.com/high_altitude_wrestling) **Nutrition:** [www.4foreverfit.com](http://www.4foreverfit.com)

**For More Information On My Club, Camps and/or Merchandise:** [www.highaltitudewrestling.com](http://www.highaltitudewrestling.com)