

High Altitude Wrestling Camp



Featuring: Chad Tunink

Head Coach of High Altitude Wrestling Club
Division III All-American
3 x Academic All-American
Iowa High School State Place Winner

As I have continued to grow in this sport as an athlete and coach I soon realized teams/clubs that win have a “system”. I have spent numerous years studying the sport and came up with a system that will allow your athletes to win at all levels! I do not teach millions of move, I teach high level technique that will work on the top 5% (the ones you should be training for!). You will get hands on attention at my camp and “LEARN” the moves/positions taught. You will learn exactly what is taught to my club members!

Dates: June 19th & 20th

Location: Ipswich High School
211 5th Street, Ipswich, SD 57451

Cost: \$100 (Includes FREE T-Shirt and Lunch each day!)
(*Checks payable to: Ipswich Wrestling Booster Club*)

Grades: 4th – 12th grade (anyone under needs approval!)

Camp Schedule:

Session 1: 8:00-9:30 (technique)

Break: 9:30-9:45

Session 2: 9:45-11:15 (technique)

Break: 11:15-11:30

Session 3: 11:30-1:00 (technique & Live) ***Lunch following last session***

Register: By June 5th **Must be pre-registered to get a free t-shirt!*
*Walk ins accepted but can't guarantee a t-shirt!**

Merchandise: HAWC gear will be available for purchase!

Cut at line and mail before June 5th to guarantee a FREE T-shirt!

Ipswich High School Wrestling Camp – June 19th-20th

Name: _____ Address: _____

City: _____ Zip: _____ Phone: _____

Email Address: _____ Grade: _____ Weight: _____

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the wrestling camp. I further waive any legal action against High Altitude Wrestling Club, Chad Tunink, Ipswich Community School District, and its employees for injuries my child may incur.

Parent's Signature: _____ Date: _____

T shirt size (circle one) YM YL AS AM AL AXL AXXL

MAIL BOTTOM HALF TO:

Robbie Williams
PO BOX 8
Ipswich, SD 57451

QUESTIONS: Robbie Williams robbie@valleytel.net 605-216-0993 or Chad Tunink 641-757-1287 (c) chad@highaltitudewrestling.com

Facebook: [facebook.com/highaltitudewrestling](https://www.facebook.com/highaltitudewrestling) **Twitter:** twitter.com/HAWrestling **Instagram:** [high_altitude_wrestling](https://www.instagram.com/high_altitude_wrestling)

For More Information On My Club, Camps and/or Merchandise: www.highaltitudewrestling.com