

High Altitude Wrestling Camp



Featuring: Chad Tunink

Head Coach/Owner of High Altitude Wrestling Club, D3 All American
3 x Academic All American for Buena Vista University

As I have continued to grow in this sport as an athlete and coach I soon realized teams/clubs that win have a “system”. I have spent numerous years studying the sport and came up with a system that will allow your athletes to win at all levels! I do not teach millions of moves, I teach high level technique that will work on the top 5% (the ones you should be training for!). You will get hands on attention at my camp and “LEARN” the moves/positions taught. You will learn exactly what is taught to my club members!

Dates: November 4th

Location: Kuemper Catholic High School Fieldhouse
830 East Anthony, Carroll, IA 51401

Cost: \$50 (K - 12th) *includes free shirt
(Checks payable to: High Altitude Wrestling Club)

Grades: K – 12th grade

Camp Schedule:

Session 1: 8:00-9:45 (technique)
Session 2: 10:00-11:45 (technique)
Session 3: 11:45-12:30 (live and talk)

Register: By Oct. 27th *Must be pre-registered to get a free t-shirt!*
Walk ins accepted but can't guarantee a t-shirt!

Merchandise: HAWC gear will be available for purchase!

Cut at line and mail by Friday, Oct. 27th to guarantee a FREE T-shirt!

High Altitude Wrestling Camp at Kuemper Catholic – November 4th

Name: _____ Address: _____

City: _____ Zip: _____ Phone: _____

Email Address: _____ Grade: _____ Weight: _____

I certify my child has been cleared by a physician and hereby give my permission for any and all activities involved in the wrestling camp. I further waive any legal action against High Altitude Wrestling Club, Chad Tunink, Kuemper Catholic Community School District, and its employees for injuries my child may incur.

Parent's Signature: _____ Date: _____

T shirt size (circle one) YM YL AS AM AL AXL AXXL

MAIL BOTTOM HALF TO:

High Altitude Wrestling Club, 601 SE 13th Street, Grimes, IA 50111

QUESTIONS: Chad Tunink 515-986-1184 (h) 641-757-1287 (c) chad@highaltitudewrestling.com

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For More Information On My Club, Camps and/or Merchandise: www.highaltitudewrestling.com